

Saintfield Central Kitchen Menu

**school
food**

try something new today
www.schoolfoodni.com

**Bread, fruit,
yoghurt, milk and
water
are available daily.**

If you require any
additional information
on allergens or
special diet please
contact the school in
the first instance



	Monday	Tuesday	Wednesday	Thursday	Friday
Week One					
07/09/2020	Pasta Bolognese	Irish Stew	Oven Baked Sausages	Roast Chicken, stuffing	Salmon Fish Cakes
05/10/2020	Tossed Salad	Carrot Batons	Baked Beans	Gravy	Peas/Sweetcorn
02/11/2020	Crusty Bread	Wheaten Bread	Mashed Potatoes	Carrot Batons	Chips/Baked Potatoes
30/11/2020			Crusty Bread	Roast & Mashed Potatoes	Sliced Bread
28/12/2020					
25/01/2021	Fruit Sponge and Custard	Frozen Strawberry Mousse	Chocolate Muffin	Ice Cream Tub & Fruit	Flakemeal biscuit/Fresh fruit
22/02/2021		Fresh Fruit	Fresh Fruit		Milkshake
Week Two					
14/09/2020	Chicken Curry & Rice	Savoury Minced Beef	Oven Baked Sausages	Roast Gammon	Cod Fish Fingers
12/10/2020	Naan Bread	Diced Carrots	Baked Beans	Stuffing, Gravy	Peas/Salad
09/11/2020		Mashed Potatoes	Mashed Potatoes	Shredded Cabbage	Chips/Baked Potatoes
07/12/2020			Crusty Bread	Roast & Mashed Potatoes	
04/01/2021					
01/02/2021	Chocolate Sponge & Custard	Flakemeal Biscuit/Fresh Fruit		Selection of yoghurts	Ice Cream & Jelly
01/03/2021		Milkshake	Fresh Fruit Salad	Slice of Melon	Fresh Fruit
Week Three					
21/09/2020	Breaded Fish	Pizza	Chicken Curry & Rice	Roast Beef	Home made Chicken &
19/10/2020	Baked Beans	Peas/Coleslaw	Naan Bread	Gravy, Stuffing	Vegetable soup
16/11/2020	Chips	Diced Potatoes/Baked Potato		Broccoli	Hot Dog
14/12/2020				Roast & Mashed Potatoes	Baked Beans
11/01/2021					
08/02/2021	Ice Cream Roll & Fruit	Vanilla cookie/ Fresh Fruit	Yogurt or Fresh Fruit	Raspberry Mousse/ Fresh Fruit	Flakemeal biscuit/Fresh fruit Milk
Week Four					
28/09/2020	Oven Baked Chicken Nuggets	Breaded Fish	Home made Vegetable Soup	Roast Turkey	Lasagne
26/10/2020	Sweetcorn/Salad	Baked Beans	Chicken Burger in a Bap	Gravy, Stuffing	Sweetcorn/Salad
23/11/2020	Diced Herb Potatoes/ Baked Potatoes	Mashed Potatoes	Seasonal Salad	Baton Carrots	Crusty Bread
21/12/2020				Roast & Mashed Potatoes	
18/01/2021	Frozen Fruit Mousse/ Fresh Fruit	Rice pudding & Fresh Fruit	Flakemeal Biscuit/Fresh Fruit Milkshake	Fairy Cake/ Fresh Fruit	Ginger Biscuit and Fresh Fruit

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